



TALESPINNER

JOINT BASE SAN ANTONIO-LACKLAND, TEXAS • Vol. 70 No. 38 • September 27, 2013



Airmen run to remember heroes

Photo by Staff Sgt. Vernon Young Jr., 3rd Combat Camera Squadron
Stephanie Escobedo, 59th Medical Wing contractor, runs in honor of the prisoners of war and those still missing in action, Sept. 19. Airmen assigned to Joint Base San Antonio-Lackland, participated in a 24-hour rotation run in honor of those service members who were POWs and those still MIA. **See complete story, page 2**



Mass casualty exercise tests JBSA

Photo By: Airman 1st Class Krystal Ardrey, 3rd Combat Camera Squadron
Patients lay on stacked litters on board a WC-130J Hercules aircraft during the San Antonio Mass Casualty Exercise Event, Sept. 19 at Kelly Field Flightline. **See complete story, page 3**



First ever community quest race

Photo by: Benjamin Faske
Airman 1st Class Keeland Hill, team Honey Badgers, fires paintball rounds at stationary targets during the marksmanship portion of the Community Quest race Sept. 18, at Joint Base San Antonio-Lackland. **See complete story, page 20**

JBSA-Lackland draws more than 6,000 volunteers for fifth annual POW/MIA Remembrance Run

By Jose T. Garza III
JBSA-Lackland Public Affairs

More than 6,000 people honored prisoners of war and missing in action service members during the fifth annual POW/MIA 24-Hour Remembrance Run Sept. 19-20 at Joint Base San Antonio-Lackland.

The Airman's Run kicked off the event at 8 a.m. Sept. 19 and concluded with a POW watch parade 24 hours later.

The run gave Airmen the opportunity to honor the more than 83,000 Americans who have been missing or prisoners of war since World War II.

Utilizing seven tracks on JBSA-Lackland and one additional track on JBSA-Fort Sam Houston, participants ran in shifts while carrying a POW/MIA baton. Once they completed their shift, they transferred the baton to the next designated runner. The names of those missing in action were read aloud at each track.

Staff Sgt. Sean Okeefe, 323rd Training Squadron, who coordinated the event for the second consecutive year, said he was extremely impressed with the amount of participation. He was humbled to have coordinated his last POW/MIA run before leaving for a permanent change of station to Barksdale Air Force Base, La. in January.

Okeefe said the estimated \$21,000 raised from the sale of black POW/MIA t-shirts during the run would be donated to the National League of POW/MIA Families.

"I'm glad that I was able to give back to



Photo by Benjamin Faske

Airman 1st Class Allen Griffin and Staff Sgt. Syan Bittle, 59th Medical Wing, complete the Prisoner of War/Missing in Action baton handoff Sept. 20 at Joint Base San Antonio-Lackland.

not just the JBSA community, but to our fellow service members who paid a very high

price for our country," he said. "It was a very humbling experience for me."

TALESPINNER

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Deadline for story submissions is noon Thursday the week prior to publication.

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DOD SAFE HELPLINE
(877) 995-5247**

**JBSA CRISIS HOTLINE
367-1213
JBSA DUTY CHAPLAIN
365-6420**

Straight Talk Line

For current, automated information during a natural disaster, crisis or emergency, call your local Straight Talk line.

JBSA-Fort Sam Houston: 466-4630
JBSA-Lackland: 671-6397
JBSA-Randolph: 652-7469

News in Brief

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

MONDAY

502ND ABW PROMOTION CEREMONY

The 502nd Air Base Wing monthly enlisted promotion ceremony is 3 p.m. Monday in the Bob Hope Theater at Joint Base San Antonio-Lackland.

TUESDAY

CATHOLIC WORSHIP SERVICES

The new schedule goes into effect Tuesday for Catholic worship services at Freedom Chapel.

Weekday Eucharist: 11:30 a.m., Monday, Tuesday and Thursday; 11 a.m. and 5 p.m., Sunday mass; 10-10:30 a.m., 4-4:30 p.m. or by appointment, reconciliation.

Contact Freedom Chapel at 671-4208.

THURSDAY

802ND MSG AWARDS CEREMONY

The 802nd Mission Support Group third quarter awards ceremony is 7:30 a.m., Thursday, at the Joint Base San Antonio-Lackland Gateway Club. The reservation deadline is Tuesday.

For more information, call Staff Sgt. Rashedia Robinson at 671-6682.

OCT. 26

PRESCRIPTION DRUG 'TAKE BACK' DAY

The Drug Enforcement Agency "Take Back" Day on Joint Base San Antonio-Lackland is 10 a.m. - 2 p.m. Oct. 26.

Old, outdated or unwanted prescription medications can be turned in for disposal at the Satellite Pharmacy parking lot, between the Army & Air Force Exchange Services main base exchange and the commissary.

Additional local area "Take Back" locations can be found at <http://www.dea.gov>.

For more information, contact Charles Nail, 559th Medical Operations Squadron, at 671-9483 or Lisa Frantz, 802nd Security Forces Squadron, at 671-2262.

INFORMATIONAL

CAC/ID CARDS APPOINTMENTS

Department of Defense Common Access Card/ID cardholders in need of new or updated cards are encouraged to make appointments online.

Appointments are scheduled in 20-minute intervals between 8 a.m. and 3 p.m. Monday through Friday.

Visit <https://rapids-appointments.dmdc.osd.mil> or call 671-4178.

Texas Mass Casualty Exercise tests military, civilian first responders



Photos by Airman 1st Class Krystal Ardrey, 3rd Combat Camera Squadron

Airmen of the 59th Medical Wing, Joint Base San Antonio-Lackland, carry patients on litters to a WC-130J Hercules aircraft from the 53rd Weather Reconnaissance Squadron, Keesler Air Force Base, Miss., during the San Antonio Mass Casualty Exercise Event, Sept. 19 at Kelly Field Flightline. The SAMCEE 13 is a complex disaster scenario designed to test the ability of area hospitals to respond to a mass casualty event and to see how efficiently patients can be transported, treated and tracked via the National Disaster Medical System.

By Senior Master Sgt. Minnie Jones
433rd Airlift Wing Public Affairs

Joint Base San Antonio, alongside the city of San Antonio's first responders and hospitals, joined forces to handle two simulated disasters during a San Antonio Mass Casualty Exercise Event, Sept. 19.

The Air Force Reserve Command's 433rd Aeromedical Evacuation Squadron and the 53rd Weather Reconnaissance Squadron, known as the Hurricane Hunters, a C-130J unit based at Keesler Air Force Base, Miss., were key components in the exercise.

The exercise was designed to test two things; the ability of hospitals in Southwest Texas to respond to a mass casualty event and the ability of San Antonio and the military to

efficiently receive, transport, treat and track patients in the National Disaster Medical System, a federal system to move patients to disaster-related hospitals.

The Scenario: Two major weather disasters initiated the response. First, several simulated tornados hit the Tulsa, Okla. area on the evening of Sept. 18. Two large medical centers are severely damaged and forced to transfer all patients to other facilities. Second, another simulated severe storm system swept through Southwest Texas early in the morning of Sept. 19, causing major damage and hundreds of injuries across the northwest and west areas of San Antonio.

The Patients: Hundreds of nursing



First Lt. Betsy Mayes, 433rd Aeromedical Evaluation Squadron, flight nurse and medical crew director marshals patients from the cargo bay of a WC-130J Hercules aircraft during SAMCEE 13.

See **SAMCEE** Page 21

AROUND JBSA



Photo by Staff Sgt. Marissa Tucker

Lt. Gen. James M. Holmes, Air Education and Training Command vice commander, and Airman Brandon Marlette, a health services technician with the 433rd Aerospace Medicine Squadron, slice the Air Force cake during the San Antonio Air Force Ball Sept. 20 at the Grand Hyatt in downtown San Antonio. More than 800 members of the Joint Base San Antonio community attended the event held to celebrate the 66th birthday of the U.S. Air Force. Events included entertainment from the Air Force Band of the West and a fashion show displaying the evolution of Air Force uniforms.

Baton special to family of MIA Airman

By Mike Joseph
JBSA-Lackland Public Affairs

His face was expressionless, a picture of solemnity that matched the occasion.

At times there would be just the slightest crack in his voice as he told his brother's story.

Gently holding the metal baton in his hands, James Lindsey's eyes started to well up when he described his brother, still listed as missing in action from the Vietnam War.

Col. Marvin Lindsey, an Air Force pilot and James' brother, was recognized during a somber outdoor morning ceremony Sept. 20 in front of the Joint Base San Antonio-Lackland Gateway Club at the conclusion of the Prisoners of War/Missing in Action 24-hour vigil run.

In addition to the Lindsey family, three POWs were presented relay batons at the ceremony: Jimmy Chavez, Joseph Milligan and Tillman Rutledge. Three other POWs who were unable to attend also received batons: Oscar Cortez, Tom McNish and Jack Ledford.

The Lindseys were the first MIA family to receive a baton since the annual remembrance run began five years ago, said Staff Sgt. Sean O'Keefe, 323rd Training Squadron run coordinator NCO



Photo by Benjamin Faske

James Lindsey (right) receives a baton recognizing his brother, Air Force Col. Marvin Lindsey, Sept. 20 from the JBSA Prisoners of War/Missing in Action 24-hour vigil run. Marvin Lindsey has been listed as MIA since his plane was shot down June 29, 1965, over North Vietnam.

in charge.

"It has been emotional," said James Lindsey as he talked about his brother after the ceremony. "It's a solemn occasion and (remembering him) is very much appreciated."

Lindsey was an RF-101C pilot assigned to the 15th Tactical Reconnaissance Squadron when he was shot down on a daytime photo reconnaissance mission June 29, 1965, over Son La province, North Vietnam.

According to examiner.com, in 1992 the North Vietnamese released photographs taken of eight Americans after they had been shot down, including Marvin Lindsey. At the same time, the North Vietnamese also released photos of their downed aircraft, their identification cards and their remains.

Yet Marvin Lindsey's remains were never located and have not been returned to the family.

"It would just about be a miracle," James Lindsey said. "They did find the remnants of his aircraft. It looks like his plane was hit with a surface-to-air missile. He did eject and he did reach the ground.

"There are photographs in the Son Ja museum that show him with the villagers propping him up with his uniform on, but they moved him around to

See **BATON** Page 7



Be Responsible!
Seat Belts Save Lives!
Buckle Up And Wear Yours!

Encouraging words

Dining facility signs uplifting to trainees

By Mike Joseph
JBSA-Public Affairs

It might be the handmade signs posted on the front desk. It could be the smile. It may just be an encouraging word or greeting.

In all likelihood, it's all three.

But one thing is certain: food services specialist Marcella Rivera is making a difference for trainees in the 324th Training Squadron who come through her cashier line to enter the squadron's dining facility.

"Uplifting – that's the key word from trainee comment sheets," said Chief Master Sgt. James Biggerstaff, 324th TRS superintendent.

Rivera's colorful homemade signs range from words of encouragement to congratulations. She started posting the signs at her station and on the wall last year as a way to honor the men and women she calls heroes.

"When they come in, there's only so much I can say to them," Rivera said. "I thought if I made a sign, it would show what I'm thinking."

It didn't take long for the squadron's new training superintendent to notice.

"I saw the signs and thought, 'Wow, somebody really cares,'" Biggerstaff said. "If you're standing at attention for 10 minutes waiting to eat, you're reading positive comments."

"It's a very stale environment when you walk into one of these older dining facilities," he said. "I know I'd rather read a positive comment than stare at a stale wall."

To Rivera, who's worked in the 324th TRS dining facility for five years, she's just being herself while doing her job.

"I try to be their biggest supporter," Rivera said. "I know a lot of them are far away from home, some for the first time. I want them to know I appreciate their dedication and sacrifice for joining the military."

"To me, these men and women are heroes. If I can offer a kind word or a smile, that's my way of giving back. Their job is to fight for our country and I feel my job as a civilian is to support our troops."

Biggerstaff said that the atmosphere

Rivera creates sets an uplifting tone among the trainees.

"She puts them in the right mood," he said. "Normally they get 15 minutes to eat; it's a somber, quiet time. So right before they eat, she's the last person they see. (her positive attitude) really helps them."

Airman Basic Jesslyn Brooks agrees with her senior leader's assessment on how Rivera can influence a trainee's

mood.

"She's always got a smile on her face," Brooks said. "She may only say, 'Good afternoon trainee,' but that and her smile can make you feel better about yourself."

"Even though she doesn't know any of us, it's helped to motivate me, to keep me going with a positive attitude. We're always in a better mood after seeing her."



Photos by Benjamin Faske

Marcella Rivera, 324th Training Squadron food services specialist, mans the front desk station of the cafeteria Sept. 16, at Joint Base San Antonio-Lackland. Rivera is being recognized for her inspirational hand-written notes that she displays at the front desk to help motivate basic training trainees.



Graduates of Air Force Basic Military Training have an opportunity to fill out comment sheets before leaving BMT.

One recent comment sheet by an anonymous element leader described her flight's thoughts about the 324th Training Squadron dining facility.

"I must say that the service my flight received in our dining hall has been both appreciated and outstanding."

"I cannot begin to express how refreshing it has been to be greeted with a smile and actually (be) acknowledged with upbeat respect. It is so uplifting to see familiar faces. (It's) one of the few stabilities we have had the luxury of having."

"Sometimes the staff even recognizes what week we are in! And although that seems like a simple realization, it truly means a lot to my sisters and I. Again, on behalf of Flight 534, we thank you dining crew! . . . Big kudos for all you have done for us and all of the staff's support of us!"



Marcella Rivera, 324th Training Squadron food services specialist, ensures all basic training trainees sign in before receiving their lunch Sept. 16, at Joint Base San Antonio-Lackland.

BATON from Page 5

different places for their propaganda. He didn't deserve that, he was only doing what his country called for."

To remember the MIAs and POWs, more than 7,000 JBSA-Lackland and JBSA-Fort Sam Houston runners ran with the seven batons on seven installation tracks.

Runners included Air Force Basic Military Training trainees who used the remembrance event as part of physical training during the early morning hours Sept. 20.

One of the run participants with the trainees was Dr. Granville Coggs, a Tuskegee Airman. The 88-year-old Coggs addressed 323rd TRS trainees at 5 a.m., and then led the squadron's first lap.



Those details were not lost on James Lindsey as he held the baton remembering his brother.

"It does feel special (to have a baton) coming from all those young people that are serving," he said. "It lets you know they're (POWs/MIAs) not forgotten."

Gold Star Mothers

Women who have given much

By Kimberly A. Rairdan

Alamo Area American Gold Star Mothers

In grade school, everyone tried their best to earn a "Gold Star" for their hard work and good behavior. It was a simple reward to show one and all you did your best. For many, this is all a "Gold Star" represents.

For others, the "Gold Star" holds a much deeper meaning. You may have noticed a few different license plates here in Texas that bear a blue field on the left hand side and a gold star in the middle of this field. This license plate has "Gold Star Mother, Spouse, or Family" displayed on the bottom.

So, "What is a Gold Star Mother? What does it symbolize? By definition, a Gold Star Mother is a mother whose child died while on active duty serving in the armed forces.

You also may have come across a woman or a man wearing a circular pin with a gold star on a purple background, either the Gold Star lapel pin, or a square gold pin with oak leaves and a gold star in the middle or the Next-of-Kin lapel pin.

The Gold Star lapel pin is awarded only to relatives of those killed in specific conflicts. The Next-of-Kin lapel pin is awarded to relatives whose loved one died while on active duty or

while assigned to an Army Reserve or Army National Guard unit in drill status. Either of these pins is only worn by those who are a "Gold Star Mother, Father, Spouse or Family" member.

Since the early days of our great nation, mothers have witnessed their sons and now also their daughters, march off to war. They answered the call to duty to defend our nation and to offer aid to those who need help in their plight. Young men and women have bravely answered the call and, sadly, many have paid the ultimate sacrifice for their fellow countrymen.

During World War I, families displayed a service flag on their family home, which was a field of white with a red border. In the middle of the white field, blue stars were placed to denote how many within the home was serving in the military. When one of the family members died in the line of duty, a gold star was placed over the blue star, showing that that a military member had died.

American Gold Star Mothers, Inc., got their start after World War I, when many mothers were mourning their sons' deaths on the battlefields of Europe. Most remains were not

See **MOTHERS** Page 17

Seminar gives Airmen joint vector

By Wayne Amann

Air Force ISR Agency Public Affairs

Getting used to the Air Force culture can be a challenge for many junior ranking Airmen. Place them in a joint service environment and it can be a daunting task thanks to each service branch's unique way of life.

That lack of familiarization may soon end at Joint Base San Antonio-Lackland thanks to the forward thinking Security Hill 5/6 Group.

On Sept. 18 they presented the inaugural Joint Professional Development Seminar for junior enlisted troops on JBSA-Lackland. It's designed to teach them the importance of working in a joint service environment, how to improve inter-service communications and understand service relat-

ed cultural differences.

Attending the morning-long session in Mitchell Hall were 110 E-1s through E-4s. The event was patterned after professional development seminars designed for more senior ranks.

"We had some great help from the [Security Hill] Top Three [Association] who put on one of these in February with a lot of success," said Tech. Sgt. Eric Garretson, Security Hill 5/6 Group president. "We decided to emulate them. It's a huge joint effort, but it's important for us to do this."

Attendees received the joint perspective by members of each service branch:

Senior Master Sgt. Rodney Deese from the Air Force Intelligence, Surveillance and Reconnaissance Agency opened the program by ex-

plaining what it means to co-exist in a joint environment. Staff Sgt. Deandra Flowers of the 33rd Network Warfare Squadron followed with some 'bluesuiter' history and rank structure information.

Army Staff Sgt. Taijai Thomas of the Medical Education and Training Campus at JBSA-Fort Sam Houston then talked about being a Soldier.

Coast Guard Petty Officer 2nd Class Michael LaRock from National Security Agency, Texas, discussed the uniqueness of his service branch.

Navy Petty Officers 1st Class Troy Jones and Kimberly Rainer from Kelly Annex briefed their lifestyle as Sailors.

Finally Marine Corps Sgt. Adrian Barbiera of the San Antonio Military Medical Center at JBSA-Fort Sam Houston, shared some leatherneck his-

tory and his experience working in a joint environment.

"When I started working in a joint environment it was a little challenging because I didn't know what the different service branches did or how to address them," said Air Force Staff Sgt. Tanisha White, Security Hill 5/6 Group professional development chairperson. "As we work more with the joint community, these Airmen will know how to address a master chief or a sergeant major or a gunnery sergeant."

The seminar featured a panel discussion bringing together a cross-section of six senior NCOs from throughout JBSA who shared their experiences and advice working in a joint service environment. They candidly answered questions from the audience.

The panel was followed by guest speaker retired Chief Master Sergeant of the Air Force Robert D. Gaylor, who delivered some motivational remarks.

Since its inception in August 2011, the Security Hill 5/6 Group has been active with the JBSA community. Its mission is focused on issues affecting the junior enlisted force on Security Hill but its reach encompasses JBSA. It partners with other enlisted organizations to support base-wide events.

"Today is definitely a springboard," Garretson said. "We plan on making these [seminars] more frequent. We're looking to expand our role, maybe some kind of team-building exercise where everyone's more active and the other services can showcase their strengths."

BMT HONORS

Congratulations to the following 59 Airmen for being honor graduates among the 660 Air Force basic military trainees who graduated today:

320th Training Squadron*-Flight 567*

Ralph Danforth
Matthew Heise
Taylor Lahteine
Matteo Pacini
Robert Sautter
Caleb Spisak
-Flight 568
Austin Bryant
Zachary Hopper
Travis McDonald

322nd Training Squadron*-Flight 579*

Andrew Chapman
Lucas Green
Darrian Johnson

Keenan Tate
Estrada Villasenor D
Nathan Yobei
-Flight 580
Kelly Hambrick
Nancy Rourke

323rd Training Squadron*-Flight 569*

Dominic Dingess
Raheem Long
Anthony Perry
Quang Phan
Steven Saczawa
Jonathan Slusser
Cameron Spriggs
Tommy Summerville
-Flight 570
Madeline Ericson
Kellie McArthur
Samantha Trevino
Laura Vaughters
-Flight 573
Matthew Coulter

Daniel Fortney
-Flight 574
Wyatt Betz
Brett Hensel
Kevin Keiter

324th Training Squadron*-Flight 575*

Benjamin Baker
Matthew Fish
Matthew Marvel
Zachary Prado M
Jeremiah Ross
-Flight 576
Caitlin Collins
Fumei Pinger

331st Training Squadron*-Flight 571*

George Edmund
Jordan Huntley
-Flight 577
James Avdoian-Salas
Trenton Beavers

Christiansen Cabello
Michael Husske
Ryan Milligan
Timothy Morrow
Paxson Panganiban
Isaiah H. Thomas
Jordan S. Wild
-Flight 578

Gregory Araujo
Michael Como
Travis Crawford
James Lovell
Sean Mabry
Michael Moorefield
Tyler Stover

Top BMT Airman

Caleb Spisak
320th TRS, Flight 567
Most Physically Fit
-Male Airmen
Anthony Erker
331st TRS, Flight 577
Andrew Kewell
322nd TRS, Flight 579

Jordan Artis
331st TRS, Flight 577
-Female Airmen
Amy Arenas
323rd TRS, Flight 570
Sabrina Cantrell
322nd TRS, Flight 580
Jasmin Figueroa
331st TRS, Flight 572
-Male Flights
331st TRS, Flight 577
331st TRS, Flight 578
323rd TRS, Flight 574
-Female Flights
322nd TRS, Flight 580
324th TRS, Flight 576
331st TRS, Flight 572
Top Academic Flights
322nd TRS, Flight 579
323rd TRS, Flight 569
323rd TRS, Flight 574
331st TRS, Flight 578
320th TRS, Flight 567
323rd TRS, Flight 573

Know what to do in case of an active shooter incident

By Richard Coon
902nd Security Forces Squadron
Joint Base San Antonio-Randolph

About 237 active shooter incidents occurred in the United States between 1966 and 2010. Closer to home, as many are aware, we successfully reacted, responded and recovered from an active shooter event that occurred at Joint Base San Antonio-Fort Sam Houston June 10.



The recent active shooter incident at the Washington Navy Yard is a good reminder we need to be prepared to react if it happens at Joint Base San Antonio.

JBSA has established guidelines and procedures to help save lives and maintain order in the wake of these kinds of events.

An active shooter is any person who is engaged in killing or attempting to kill people in a confined or populated area. In most cases, armed active shooters show no pattern or method in their selection of victims.

This is often an unpredictable, rapidly evolving situation that demands an immediate response from security forces in order to terminate the life-threatening situation.

The first patrolmen to arrive on scene must locate the shooter or shooters and take aggressive action to help protect lives. Rescue efforts will be delayed until the danger can be mitigated or eliminated.

Because active shooter situations often are ended within 10 to 15 minutes, before law enforcement arrives on the scene, individuals must be prepared, mentally and physically, to deal with an active shooter situation and follow directions.

JBSA will declare an immediate lockdown during an active shooter incident.

Giant Voice and other available forms of communication will be used to notify the base populace when an active shooter or similar threat is imminent and a lockdown is in effect.

Hearing this term from credible sources should solicit base

members to position themselves in a secured place, clear of direct fire, where they can observe all entrances and exits.

Those in lockdown should mitigate the location's vulnerabilities by locking doors and windows, and barricading access with anything available.

Turn off the lights and make the location appear unoccupied. Monitor communications – telephone, computer, radio.

If a phone is within the secured location, members should call security forces or 911. Callers will be asked to provide as much information as possible to include location, weapons involved and the number of shooters and their descriptions.

While in lockdown, members are urged not to move until authorities instruct otherwise.

For more information on active shooter response procedures, contact security forces or visit the 502nd Air Base Wing website at <http://www.502abw.af.mil> to download an informational trifold.

For immediate assistance at JBSA-Randolph, call Tech. Sgt. Taylor Rogal at 652-2744; at JBSA-Lackland, call Master Sgt. Jeremiah White at 671-2183; and at JBSA-Fort Sam Houston, call Officer Steve Kampman at 221-2354.

To download a copy of the Joint Base San Antonio Active Shooter Process, click on <http://1.usa.gov/1h51S06>.



File photos

JOINT BASE SAN ANTONIO ACTIVE SHOOTER PROCESS

IMMEDIATE DANGER (SEE)

If you find yourself in immediate danger during a shooting incident within your work center, ESCAPE/EVACUATE from the scene, HIDE or as a last resort, TAKE ACTION.

ESCAPE/EVACUATE: Plan your route, leave your stuff behind and exit with your hands visible. Security Forces personnel may mistake you for the shooter.

HIDE: If you HIDE, contact Security Forces as soon as possible and safe to do so.

TAKE ACTION: If you find yourself in IMMINENT DANGER, take action as a last resort. Attempt to incapacitate or act with physical aggression and throw items at the active shooter.

RISK OF DANGER (HEAR)

If you find yourself in risk of danger, such as you hear shooting, but are not being immediately threatened.

LOCKDOWN: Secure yourself and your location. Once secured, position yourself in a place clear of direct fire. You should be able to observe the "way in" and "way out" routes. This will include the process of facility lockdown and mitigating the room vulnerabilities. Mitigation will start with locking the doors and windows and barricading access with anything available. Turn off

the lights and make your location appear unoccupied. Monitor communications i.e. phone, computer, radio.

NOTIFY AUTHORITIES: Call Security Forces. If a phone is within your secure location, dial your local emergency number and provide as much information as possible. Law Enforcement officials will ask direct questions to include locations, number of shooters, weapons involved, and descriptions.

STAY PUT: Until the authorities instruct you to move or you have been released, DO NOT MOVE. Persons milling about increases confusion and the likelihood of injury.

BASE NOTIFICATION

Lockdown takes precedence over all other security related actions to include the administrative function of Force Protection Condition changes.

Once the hostile situation is resolved and lockdown is terminated, all other security-related actions should resume to include any Force Protection Condition changes. Only security forces move during lockdown.

EMERGENCY DIAL 911

Security Forces
JBSA-Fort Sam Houston/Camp Bullis
221-2222
JBSA-Lackland
671-2018
JBSA-Randolph
652-5700

ACTIVE SHOOTER RESOLUTION

ALL CLEAR: Lockdown ends when installation command authority declares the incident over and the situation safe. This order may be transmitted through local command or notification systems.

SHOOTING INCIDENT THREAT AID

IMMEDIATE DANGER (see)

Escape/Evacuate

- Move to nearest exit
- Help others
- Leave personal belongings

Hide

- Assess situation/location
- What can protect you (stop bullets)
- Look for way in/way out routes
- Leaders TAKE CHARGE
- Take action only as a last resort

RISK OF DANGER (hear)

Lockdown

- Lock and barricade doors; turn off lights
- Remain quiet and limit movement

Notify

- Your location (building/floor/room number)
- Number of shooters and location(s)
- Shooter description/weapon type

BASE NOTIFICATION

Lockdown Account

- Be prepared to report status
- Account for all personnel

Stay Put

- Stay put until proper notification
- Cooperate with response forces
- Leaders TAKE CHARGE

INFORMATION

Provide to Security Forces:

- Your Location
- Number of shooters
- Shooter(s) location
- Description of the shooter
- Type of weapons involved
- Shooters direction of movement

WHEN HELP ARRIVES

Once Security Forces arrive:

- Remain calm and follow instructions
- Put down any items in your hands (i.e., bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask response forces for help or direction when evacuating



Joint Base San Antonio FORCE SUPPORT SQUADRON

Monthly Events

October

Arts & Crafts

Artists submit artwork for Air Force Gallery

JBSA-Lackland Arts and Crafts calls artists to submit their best photographs, digital art or photos of hand-crafted art for display in the Air Force Arts and Crafts Gallery beginning Oct. 1. Visit the Arts and Crafts Center for entry forms and complete rules. For more information, call 671-2515.

Patrons learn guitar at Arts and Crafts Center

JBSA-Lackland Arts and Crafts Center offers guitar lessons to children and adults Wednesdays, 3-5 p.m. Sessions are \$15 per hour and cater to student skill level. For more information, call 671-2515.

Bowling

Bowling special for holiday weekend

JBSA-Randolph Bowling Center celebrates Columbus Day with a special rate of \$2 per game, per person (excluding Thunder Alley) and \$2.35 shoe rental. This special price is good for the entire weekend, Oct. 11-14, during regular business hours. For more information, call 652-6271.

Bowlers compete in tournament

Six games of competition will be bowled at each JBSA Bowling Center to celebrate Columbus Day. The first six games of competition are at JBSA-Fort Sam, Oct. 12, 9 a.m., then six games of competition at JBSA-Lackland, Oct. 12, 1 p.m., and six more games of competition at JBSA-Randolph, Oct. 13, 9 a.m. The top five bowlers will bowl in a head-to-head competition to determine the champion. The winner will be crowned the JBSA Military Championship winner. This will be a handicap tournament. The fee for this tournament is \$50. Entry forms are available at all JBSA Bowling Centers. For more information, call 652-6271.

Bowling center lit up for "booling"

JBSA-Lackland Skylark Bowling Center hosts Halloween Booling for adults and children Oct. 24, 8-10 p.m. Enjoy glow-in-the-dark bowling, a costume contest and goodies accompanied by a disc jockey playing music. For more information, call 671-1234.

Primo's Lounge hosts Halloween costume contest

JBSA-Lackland Skylark Bowling Center hosts a Halloween costume contest in Primo's Lounge Oct. 25, 8 p.m. The contest for best and worst costumes will be accompanied by a disc jockey playing music. The winners will receive prizes. For more information, call 671-1234.

Patrons enjoy great deals at the bowling center

The JBSA-Fort Sam Houston Bowling Center offers \$1 games and shoe rentals all day Tuesday, Wednesday, Thursday and Friday. Knock down a red pin 11 a.m.-1 p.m. Wednesday and Friday and get a free game. For more information, call 221-4740.

There's a league for everyone

Ladies only, senior citizens, Christian fellowship, youth and mixed three-, four- and five-person team leagues are to be found at the JBSA-Fort Sam Houston Bowling Center. Leagues play at various times Tuesday through Saturday. For more information, call 221-4740.

Clubs

Kendrick Club offers lunch buffets

The JBSA-Randolph Kendrick Club offers a buffet lunch Monday-Friday, 11 a.m. to 1 p.m. The buffet costs only \$7.45 for club members or \$9.45 for nonmembers. The cost for members' children, 5-12 years old, is \$3.75 and \$5.75 for nonmembers' children. Kids under 5 are free. During October staff sergeants and below can purchase the buffet for \$5.99. For more information, call 652-3056.

Patrons enjoy prime rib buffet

JBSA-Lackland Gateway Clubs entices patrons with a prime rib buffet Oct. 4, 5-8 p.m. Entrees of prime rib, stuffed pork chops, and baked tilapia are among the menu along with side dishes, soup, salad and dessert. The price is \$17.95 per person for members and \$19.95 for nonmembers. For more information, call 645-7034.

Patrons sing their hearts out

Patrons can sing their hearts out at JBSA-Lackland Gateway Club's Lonestar Lounge during Karaoke Night Oct. 5 and 19, 5 p.m.-midnight. Disc jockey Dee Dee emcees and features a wide selection of songs. For more information, call 645-7034.

Football Frenzy fun continues in October

JBSA-Lackland Gateway Club hosts Football Frenzy in the Lonestar Lounge Oct. 7, 21 and 28 at 4 p.m. Members and nonmembers can enjoy football, food, beverage specials, games and door prizes. The party is over when the game is over. Club members have the opportunity to win grand prizes such as a trip to the Super Bowl. For more information, call 645-7034.

JBSA-Randolph's Kendrick Club hosts Football Frenzy Sundays, Mondays and Thursdays and have the NFL Network and NFL Channel. There will be food specials, prize drawings and discounted beverages. Customers just need to enjoy their football viewing at the Kendrick Club and fill out an entry form to win tickets to a regular season game or to the Super Bowl. For more information, call 652-3056.

Gateway Club hosts pre-Halloween party

JBSA-Lackland Gateway Club hosts its annual Pre-Halloween Party in the Lonestar Lounge Oct. 25, 5 p.m.-2 a.m. Enjoy a live performance by Isis Rosario, The Voice, 6:30-9:30 p.m. Doggin' Dave Productions plays music in the Lonestar Lounge 5-6 p.m. and 9:30 p.m.-2 a.m. Stevie Mac Dance Machine plays music in the Maverick Lounge 6:30-9:30 p.m. Dress in costume and enter contests with awards given to the best costume and other categories. For more information, call 645-7034.

Kids' dress up for Halloween bingo

The JBSA-Randolph Kendrick Club invites kids to dress up in their Halloween costumes and play bingo Oct. 27, 11 a.m. This event is free for kids 12 and younger and is open to all DOD ID cardholders. Five games of bingo will be played. There is a complimentary kids' buffet and the adults can enjoy the Gil's Pub grill menu. Kids will have a chance at winning the grand prize \$100 shopping spree at AAFES. The Halloween costume contest will be judged in three categories: most original, cutest and scariest. They still need three judges. To volunteer or for more information, call 652-3056.

Feast at the club

The JBSA-Lackland Gateway Club hosts a Halloween feast Oct. 31, 11 a.m.-3 p.m. The Haunting lunch buffet features dishes such as Baron R. Beef, spider web pasta, Rosemary's Baby Chicken and more for \$9.95 per person. For more information, call 645-7034.

Patrons celebrate birthday with buffet

The JBSA-Randolph Parr Club celebrates birthdays in the Clark Room Oct. 31, 5-8 p.m., with an all-you-can-eat buffet. Club members celebrating their birthday any day of the month will receive a complimentary buffet. The buffet includes soup and salad bar along with two entrees, two sides, two vegetables and a birthday cake for dessert along with soft serve ice cream. Please be prepared to show your club card along with a DOD ID card. For more information, call 652-4864.

Play bar bingo at Gateway Club

JBSA-Lackland's Gateway Club hosts bar bingo Wednesday, 5-7 p.m., in the Mesquite Dining Room. For more information, call 645-7034.

Patrons enjoy Champagne brunch

Sunday brunch takes place at the JBSA-Randolph Parr Club every Sunday, 10 a.m.-1 p.m. It includes a carving station, oysters, mussels, salmon, Champagne and more. The cost is \$20.75 for club members or \$22.75 for nonmembers. For more information, call 652-4864.

JBSA FSS

Community Programs

Dogs take a dip

Dogs of all shapes and sizes are invited to jump in and cool off at the JBSA-Fort Sam Houston Aquatic Center during the annual Doggie Dip Oct. 5, 10 a.m.-noon. Get ready for a splashing good time with complementary snacks for people and K-9's, giveaways and contests. For more information, call 221-1718.

"You Know the Old Slaying" performance takes the stage

JBSA-Lackland Arnold Hall Community Center and the Lackland Performing Arts Group present the comedic murder mystery "You Know the Old Slaying" Oct. 11, 12, 18 and 19. Doors open at 6 p.m. and curtain is at 7 p.m. Light hors d'oeuvres are included with admission. A cash bar and reserved seating is available on show dates. For more information, call 671-2619.

Families enjoy free movie

Come out for a free movie night at JBSA-Fort Sam Houston Military and Family Readiness Center Oct. 25, 7 p.m. Customers can also enjoy free popcorn, cotton candy and snow cones as they watch the movie. For more information, call 221-1718.

Arnold Hall transforms into House of Horrors

Patrons are invited to dress in costume and visit the JBSA-Lackland Arnold Hall Community Center's House of Horrors Oct. 25 and 26, 7-10 p.m. Dare to experience the corridors of this haunted house which is open to patrons age 10 and older. The cost is only \$5 per person. For more information, call 671-2619.

TO LEARN MORE ABOUT THIS AND OTHER EVENTS CALL 652-3898



FREE
October 31 from 6-8 p.m.

THIS IS A SAFE ALTERNATIVE FOR HALLOWEEN PARTICIPANTS AT THE YOUTH PROGRAMS GYM, BUILDING 585. JOIN THE YOUTH PROGRAMS STAFF FOR VARIOUS GAMES, CRAFTS AND COSTUME CONTESTS WITH LOTS OF PRIZES. CHILDREN AND YOUTH OF ALL AGES ARE WELCOME TO PARTICIPATE. (PLEASE BRING A BAG OF CANDY TO SUPPORT FALL HI JINX.)

RANDOLPH-BROOKS FEDERAL CREDIT UNION | RANDOLPH | JBSA | JOINT BASE SAN ANTONIO | FORCE SUPPORT SQUADRON | f

NO FEDERAL ENDORSEMENT OF SPONSORS INTENDED.

Harlequin Dinner Theatre presents "Bad Seed"

Colonel and Christine Penmark live with their daughter Rhoda in a small Southern town. On the surface, little Rhoda Penmark is loved by her parents, admired by all her elders, sweet, charming and full of old-fashioned grace. Rhoda's mother has an uneasy feeling when one of Rhoda's schoolmates is mysteriously drowned at a picnic. Mrs. Penmark is alarmed, the boy who drowned was the one who had won the Penmanship Medal which Rhoda felt she deserved. "Bad Seed" runs through Nov. 2, Thursdays, Fridays, and Saturdays. Dinner is at 6:15 p.m. and the show starts at 8 p.m. For more information, call 222-9694.

Fitness and Sports

Warhawk hosts Air Force basketball camp

JBSA-Lackland Warhawk Fitness Center hosts the Air Force Men's Basketball Camp Oct. 12-29. For more information, call 671-2016.

Patrons run three-mile relay

The JBSA-Randolph Fitness Center conducts a three-mile wing man relay at Eberle Park Oct. 17, 7:30 a.m. The first team member must complete the 1.5-mile run route in order for the second team member to start running the next 1.5-mile. This is sponsored by Randolph Family Housing. For more information, call 652-7263.

Patrons compete in bench press contest

How much can you bench press? Want to show the world your strength? Head to JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus Oct. 20, 1-3 p.m., for its first bench press competition. Details, including rules, can be picked up at the fitness center. This event is free and open to all DOD ID card holders. For more information, call 808-5709.

Fitness center celebrates Oktoberfest

The JBSA-Randolph Fitness Center celebrates fall by getting a jump start on holiday calories with a fitness celebration, Oct. 26, 7:30 a.m., at Eberle Park. This is one event that everyone can participate in, including the young ones. There will be a 5K run/walk, a 1.5 mile run/walk for young athletes and their parents and a 10K bike ride starting after the 5K is completed. For more information, call 652-7263.

Zombies run/walk a 5K

JBSA-Lackland Gillum Fitness Center hosts the Zombie 5K Fun Run/Walk Oct. 31, 7:30 a.m. Participants are invited to dress like zombies for this event. For more information, call 977-2354.

Fitness center hosts costume dodgeball tourney

JBSA-Lackland Medina Fitness Center hosts the 3rd Annual Costume Dodgeball Tournament Oct. 31, 6 p.m. Dodge balls while wearing costumes in this coed event open to players ages 16 and older. Teams must have 6-10 players with at least one player of each gender. Tournament begins with a round robin followed by a single-elimination tournament. For more information, call 671-4525.

Students sign up for basketball league

This basketball league is open to all students on the Medical Education Training Campus. Letters of Intent are due to the fitness center at the METC by Nov. 5. Each letter must be signed by the Sports Advisory Representative. Units may have more than one team. No roster is required. Cadre must be present at all games. Coaches/rules meeting will be held at JBSA-Fort Sam Houston Fitness Center on the METC Nov. 12 at noon. For more information, call 808-5707.

Patrons Zumba® during lunch

Squeeze in a workout during your lunch break. The Jimmy Brought Fitness Center on JBSA-Fort Sam Houston is offering a lunch time Zumba® class, 11:30 a.m.-12:30 p.m., for only \$3! For more information, call 221-1234.

Parents and toddlers enjoy exercise

The JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus offers parents with strollers use of the indoor track, Monday-Friday, 9-11 a.m. For more information, call 808-5709.

Patrons experience virtual fitness classes

JBSA-Fort Sam Houston Fitness Center on the Medical Education Training Campus offers Fitness on Request, an innovative fitness system providing virtual, state-of-the-art classes to patrons throughout the day. Classes range from 20 to 60 minutes and include step aerobics, yoga fusion, kinetics, dance aerobics, indoor cycling and more. For more information, call 808-5709.

Golf

Golfers' invited to scramble

Golfers are invited to play in the Warrior Four-Person Scramble Oct. 4, with a 12:30 p.m. shotgun start time, at the JBSA-Fort Sam Houston Golf Course. The cost is \$25 for members and \$35 for nonmembers. The scramble includes 18 holes of golf, dinner, gift certificates for the winners of the longest drive and the closest to the pin and for first, second and third place. For more information, call 222-9386.

Golfers compete in Columbus Day tournament

Golfers are invited to sign up for the JBSA-Randolph Oaks Columbus Day tournament Oct. 14. The tee times are 7-9 a.m. The entry fee is \$10 per person plus green fees and cart. For more information, call 652-4653.

Golfers compete in golf classic

The JBSA-Randolph Golf Course hosts the Force Support Squadron Golf Classic Oct. 25 with a 12:30 p.m. shotgun start. The cost is \$40 per person and includes green fee, cart, range balls, four mulligans per team, and hamburgers and hot dogs during lunch. Prizes will be awarded to the first-, second- and third-place teams at the completion of the tournament. There will be drawings for over \$2,000 in door prizes such as golf umbrellas, Ping, Nike and Wilson drivers, putters, hybrids and much more. This event is sponsored by Randolph-Brooks Federal Credit Union and Budweiser. For more information or to sign-up, call 652-4653.

TWO DAYS OF FESTIVITIES

OKTOBERFEST

FRIDAY OCT. 18 5-11 PM



Authentic Biergarten
Tapping of the Keg
German beers on tap

Children's Activities Tent

Entertainment & Fun
Gyro Spin
Inflatable Obstacle Course

Live Performances
Beethoven Maennerchor
Seven Dutchmen

Festive Foods

FALL FEST

SATURDAY OCT. 19 3-9 PM

Festive Foods

Gaming & Fun
Game Truck, Rock Wall, Gyro Spin, Inflatable Obstacle Course, Televised Live Collage Football

Children's Activities Tent

Live Performances
Harpicoin Dinner Theatre, 323d Army Band
"Fort Sam's Own Biohazard Brass Band"
Blow My Cover Band

Special Guest Appearances
Cast of NBC's "Revolution"
The Spurs Coyote & Silver Dancers
Free precession tickets while they last!

FREE ADMISSION & PARKING // OPEN TO THE COMMUNITY

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Golfers improve swing

The JBSA-Randolph Oaks Golf Course offers golfers the opportunity to improve their game and lower their scores. Golfers can make appointments with Brian Cannon or Charles Bishop (PGA) for golf lessons. For more information, call 652-4653.

Tee Time Deck in full swing

The JBSA-Randolph Oaks Golf Course offers special event packages for retirements, promotion, weddings and sports outings. To book a special event, call Corita at 652-4852.

Information, Tickets and Travel

Information, Tickets and Travel hosts vacation expo

JBSA-Lackland Information, Tickets and Travel hosts its annual Vacation Expo at Arnold Hall Community Center, Oct. 4, 10 a.m.-1 p.m. Visit with travel industry representatives, enjoy complimentary food while it lasts, and enter to win door prizes drawn every hour. For more information, call 671-3133.

Sights set for Las Vegas

JBSA-Lackland Information Tickets and Travel offers a Las Vegas package for travel Oct. 30-Nov. 2. Package includes airfare, hotel and airport transfers with rates starting at \$325 per person. For more information, call 671-7112.

Discount tickets offered to customers

The JBSA-Fort Sam Houston Ticket Office in the Sam Houston Community Center sells discount tickets and often has free tickets to local events. The ticket office is open Tuesday-Friday, 10 a.m.-5 p.m. For more information, call 808-1378.

Library

Story time is a hit with preschoolers

Stories, crafts and songs are all part of the weekly story time at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library, every Thursday at 10 a.m. This month's story time dates are Oct. 3, 10, 17, 24 and 31. For more information, call 221-4702.

Gamers have fun

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library hosts its monthly gaming day Oct. 11, 5 p.m. Gamers can choose from Xbox, Wii, PS3 and classic board games. For more information, call 221-4702.

Library offers teen activities

The JBSA-Fort Sam Houston Keith A. Campbell Memorial Library is supporting the annual Teen Read week Oct. 13-19. Teens can visit the library for teen and youth activities during the entire week. For more information, call 221-4702.

Library hosts Oktoberfest

The JBSA-Randolph Library hosts an Oktoberfest celebration Oct. 24, 3:30-5 p.m. There will be games, activities, coloring, crafts and a movie for the kids. For more information, call 652-5578/2617.

Library gets spooky during pre-Halloween event

The JBSA-Lackland Library hosts the Spooktacular Bash Oct. 26, 2-4 p.m. Enjoy hauntingly good stories and games, a costume contest for adults and children, plus goodies. Learn about Halloween safety from the Kirby Police Department. For more information, call 671-3610.

Library offers Halloween story time

There will be a special story time for kids Oct. 26, 2-3 p.m., at the JBSA-Fort Sam Houston Keith A. Campbell Memorial Library. For this special "Halloween" themed story time, children are invited to come in costume. For more information, call 221-4702.

Military and Family Readiness

Job fair open to all DOD personnel

The JBSA-Fort Sam Houston Military and Family Readiness Center is conducting a job fair, Oct. 3, 2-6 p.m. This job fair is open to all DOD ID card holders. For more information, call 221-0516/0427/9216.

Learn to be financially prepared

The JBSA-Randolph Military and Family Readiness Center offers a financial readiness class Oct. 7 and 28, 8 a.m.-noon, to prepare Airmen for financial challenges, with financial education and training. For more information, call 652-5321.

Newcomers get started on the right foot

The JBSA-Lackland Military and Family Readiness Center hosts a Right Start newcomer's orientation Oct. 9 and 23, 8 a.m.-2:30 p.m., at the Gateway Club. The orientation is for all Air Force active-duty members who are newly assigned to JBSA-Lackland. Attendance is mandatory and patrons may choose to attend either date. To sign up, contact the unit personnel coordinator or commander support element. For more information, call 671-3722.

Class teaches spouses re-integration skills

The JBSA-Randolph Military and Family Readiness Center hosts Open Arms, a workshop for spouses of returning military members, Oct. 16, 1-2 p.m. The class offers solutions to the various challenges specific to reuniting couples and families, and provides resiliency skills and resources. To register, call 652-5321.

Child safety seats to be inspected

The JBSA-Fort Sam Houston Fire Department will inspect children's safety seats Oct. 17, 1:30-3:30 p.m., for recalls, functionality and proper installation. Registration is required. Children must be present for proper weight and height measurements. For more information, call 221-0349/2418.

Exceptional Family Member Program supports families

The Exceptional Family Member Program Support Group will meet Oct. 17, 11:30 a.m.-12:30 p.m., at the JBSA-Fort Sam Houston Military and Family Readiness Center. Share common experiences unique to special needs and ideas for future events. For more information, call 221-2962.

October 11, 2013
4:30-10 p.m.

Lackland Amphitheater Grounds
Kerly Ave., next to the Gateway Club



Customer Appreciation

Authentic German Fest Tent
Free Pull German Dinner (while it lasts!)
Free Kids Meal & Kids Fun Zone
Great Giveaways & Prizes
Real German Beer on Draft
Pilsener Oktoberfest
Wurstener Dunkel
Beiburger

Complimentary Beer Tasting Table
Open to all DoD ID cardholders, retirees, contractors & their guests
Call 671-1906 for more information



The below exhibitors of goods provided

Couples reignite passion

The JBSA-Randolph Military and Family Readiness Center teaches participants how to identify issues that create barriers in a relationship. This class introduces practices to reignite intimacy and passion Oct. 18, 3-4 p.m. For more information, call 652-532.

Military and Family Readiness Center hosts hiring fair

The U.S. Chamber of Commerce Foundation and Hiring Our Heroes presents the Military Spouse Employment Program Hiring Fair and Career Forum Oct. 24, 10 a.m.-1 p.m., at the JBSA-Fort Sam Houston Military and Family Readiness Center. This one-of-a-kind, free event is specifically designed for spouses of active-duty, guard, reserve and veterans but members are also welcome. For more information, call (571) 372-2123.

Members learn car-buying tips

The JBSA-Lackland Military and Family Readiness Center holds a car-buying class Oct. 30, 10 a.m.-noon. Topics include the dangers of pay day lenders, how to purchase a car at the best price and what is available from financial institutions. For more information, call 671-3722.

Patrons learn to navigate USAJOBS system

The JBSA-Randolph Military and Family Readiness Center teaches patrons how to input a resume using the USAJOBS system Oct. 31, 8:30-11 a.m. To sign up, call 652-3633.

HIRED! apprenticeship program for teens

Teens ages 15-18 now have the opportunity to apply for the 2014 winter term apprenticeship program which takes place Jan. 13-April 5. If selected for this apprenticeship program the teen will work with the 502nd Force Support Squadron facilities and activities on JBSA-Fort Sam Houston. Registration forms are available at Parent Central and the Middle School Teen Center. Apprenticeship application deadline is Dec. 9. For more information, call 221-3386.

Patrons prepare for future employment

JBSA-Fort Sam Houston Employment Readiness offers classes at Military and Family Readiness Center, designed to help patrons acquire employment. Employment Readiness focuses on opportunities in the San Antonio community. General resume-writing and Federal resume-writing classes both focus on proper styles. Multiple classes are available throughout October. For more information, call 221-0516.

Family Child Care offers non-traditional alternative

Family Child Care offers a non-traditional alternative for child care, perfect for families who want their child in a home-like environment. In addition to full- and part-time care, some providers offer drop-in services, weekend and evening/night time care as well as shift-work and special-needs care. For more information, call 221-3828.

Financial Readiness important for everyone

JBSA-Fort Sam Houston Military and Family Readiness offers service members and their families classes to help them face uncertain financial times. Available classes include: Credit and Debt Management, Budgeting, Saving and Investing, Consumer Awareness and more. Registration is required for all classes. For information on dates and times or to register, call 221-2380/2418.

Army Emergency Relief relocates

The Army Emergency Relief on JBSA-Fort Sam Houston has relocated to building 131 Stanley Rd., adjacent to the Wilson Gate. For more information, call 221-1612.

Outdoor Recreation**Wide variety of equipment for rent**

The JBSA-Fort Sam Houston Outdoor Recreation Center has equipment rentals for everyone's needs. Camping, trailer and towing, water fun, sports and biking, barbecue and party, and equipment for around the house and garden; OEC has it all. For more information, call 221-5224/5225.

Camp Bullis Archery Range now open

The Camp Bullis Archery Range is open Thursday-Monday, 8 a.m.-4 p.m. They have targets which range from 10-60 yards and the cost is \$3 for a daily pass or \$20 for an annual pass. For more information, call 295-7577.

Archery hunting season open at Camp Bullis

Big game archery (white-tail deer) and turkey hunting is open at Camp Bullis until Jan. 5. All DOD ID cards holders are welcome to participate. For more information, call 295-7577.

Youth Programs**Youth register for sports programs**

JBSA-Lackland Youth Sports Program conducts its winter basketball league registration Oct. 1-18. Children ages 5-12 learn basketball fundamentals and skills. Registration fee is \$45. A current copy of the participant's sports physical is due at registration. Registration after Oct. 18 is subject to a \$15 late fee. For more information, call 671-2388.

JBSA-Randolph Youth Programs conducts registration for the basketball and cheerleading programs Oct. 1-31. These programs are for boys and girls, ages 5-18 years old, and the registration fee is \$45. All players must have a current physical on file by the start of the season. Coaches are also needed for the season. The season runs December-March. For more information, contact the sports director at 652-3298.

Membership free week open to youth

Check out Back-to-Clubs with JBSA-Randolph Youth Programs Oct. 7-12. There is no membership needed to participate in clubs, activities or open recreation during this week (doesn't include instructional classes, league sports and school-age programs). For those interested in joining, membership is \$36 per year. For more information, call 652-3298.

Youth Programs celebrates National Lights After School

Join the JBSA-Randolph Youth Programs staff Oct. 18, 3-5 p.m., to learn about its numerous after-school programs. Ice cream sundaes will be available during this time. For more information, call 652-3298.

JBSA gives parents a break

The JBSA-Lackland Youth Programs and JBSA-Lackland Child Development Program offer Give Parents a Break/Parents' Night Out Oct. 18, 7-11 p.m. The fee is \$15 per child. Fees may be waived with a GPAB referral. Space is limited. To sign up, call the JBSA-

Lackland Youth Programs at 671-2388 or the JBSA-Lackland CDP at 671-1052 by Oct. 16.

Preteen Lock-In generates excitement

Pre-teens learn science, engineering and technology during the JBSA-Lackland Youth Programs' lock-in Oct. 18-19, 8 p.m.-7 a.m. This overnight event costs \$25 and includes snacks, games, entertainment and fun. For more information, call 671-2388.

Bring your friends to JBSA-Randolph Youth Programs Oct. 18 for a night of fun activities to include cooking projects, a fashion show, karaoke and much more. The lock-in takes place from 9 p.m. to 7 a.m. and is for youth ages 9-12. The cost is \$20. Sign up no later than Oct. 16. For more information, call 652-3298.

Parents register for Thanksgiving camp

Families who need care for their children during the Thanksgiving school break can register at JBSA-Randolph Youth Programs Oct. 28-Nov. 8 or until full. The Thanksgiving Camp takes place Nov. 25-27. For more information, call 652-3298.

Child Development Program has new hours

The new hours for the JBSA-Fort Sam Houston Child Development Program are 5:30 a.m.-5:30 p.m. For more information, call 221-5002/4058.

Splash Pad open limited hours

The Splash Pad is open daily to everyone from 9 a.m. until dark. For more information or reservations, call 221-3502.

Free online tutoring available

Homework help is just a click away. Tutor.com offers free accounts for active-duty service members and their families. Get 24/7 online help in more than 16 core subjects, including advanced placement classes and introductory college courses.

Child, Youth and School Services offer activities

Parents can enroll children in fun, exciting and safe activities by visiting www.FortSamMWR.com/youth.html for JBSA-Fort Sam Houston Youth Programs. The site has contact phone numbers, and a link to WebTrac, which provides lists of all activities and offers parents the option to pay online.



Turn energy awareness into action

By Jerry McCall

502nd Civil Engineer Squadron, JBSA-Fort Sam Houston

This October, the Air Force joins the nation in observing Energy Action Month. This year's theme, "I am Air Force Energy," encourages people to do more than just be aware. Instead, military members and civilians alike should take action.

"The Air Force is making excellent progress toward satisfying federal energy mandates," said Rick Stacey, chief of the Air Force Facility Energy Center, a division of the Air Force Civil Engineer Support Agency, Tyndall Air Force Base, Fla.

"The more prominent goals require us to reduce energy intensity 30 percent by 2015, reduce water intensity 26 percent by 2020 and increase renewable energy to 25 percent of all electricity use by 2025," Stacey said. "These goals are getting tougher. People need to do all they can do to help the Air Force continue its energy program successes."

Since 2003, the Air Force has reduced energy use by nearly 15 percent and water consumption by 11 percent. More than six percent of all electricity is obtained from renewable sources. The Air Force energy strategy for meeting these goals is to reduce demand, increase supply and change the culture.

"In fiscal year 2012, the Air Force saved more than \$1.5 billion through smarter buildings, new technologies, and more efficient flight operations," said Acting Secretary of the Air Force Eric Fanning. "The smart use of energy means flying our aircraft farther, transporting more cargo, and accomplishing our mission in a more efficient and effective way."

The Air Force uses facility energy audits, utility meters, energy recommissioning, and a variety of other tools to pursue aggressive reduction targets. For example, at Kirtland AFB, N.M., audits led to an upgraded energy management control system that is expected to save \$3.7 million over the lifetime of the system.

The Air Force leads the Department of Defense as the number one producer and user of renewable energy. More than six percent of our electric supply comes from on-base renewable energy projects including wind, solar, geothermal, and landfill gas.

In fiscal 2012, the Air Force spent \$9.2 billion on energy. The ability to change the Air Force culture and develop a new mindset when it comes to energy depends on its people.

"Every gallon of fuel and watt of electricity we save allows us to have more resources to meet other Air Force priorities," said Kathleen Ferguson, Acting Assistant Secretary of the Air Force for Installations, Environment, and Logistics.

"Each individual can – and must – contribute," Stacey said. "No matter how small or how large the action, people will ultimately make the difference. Take a moment to turn off lights and appliances when not in use; make saving energy and water a habit every day; and encourage your family, friends, and co-workers to



do their part as well."

Take "ACTION" during Energy Awareness Month. The ACTION acronym stands for: Appliance reduction; Computer log off; Temperature set points; Inform facility managers; Outdoor conservation; and No waste. These are steps that can yield positive results for the community and the Air Force.

- **Appliance reduction** – Look around the workspace. Is there a refrigerator or coffee maker in the work area? How many personal appliances can be removed or consolidated in common areas like the break room? Reducing energy usage by reducing the number of appliances and machines used can yield significant energy savings.
- **Computer log off** – Even though people are prohibited from turning off computers, computer users should log off at the end of the day. This ensures that computers will enter the energy-saving sleep mode. Before pulling out the Common Access Card and going home for the day, remember to log off. The Air Force information technology power management team estimates this action alone can save more than \$10 million a year.
- **Temperature Control** – Climate control set points can have a major impact on energy use. Throughout Joint Base San Antonio, the set point for winter is between 68 and 70 degrees Fahrenheit and between 76 and 78 degrees Fahrenheit in the summer. Be familiar with your base's temperature set point policy. Heating and cooling systems are not perfect, so workspaces may not be at optimum comfort temperatures. Instead of increasing energy demand with space heaters or fans, dress appropriately for the temperature

in your facility. If your building is too cool in the summer or too hot in the winter, the thermostat could be set incorrectly, which means the Air Force is wasting energy.

- **Inform your facility manager** – Report incorrect temperature set points, leaky faucets, blocked air vents, cracked windows and other problems to your facility manager or to civil engineering customer service.
- **Outdoor conservation** – If you notice a broken sprinkler head wasting water or area lights left on in a parking lot during the day, report it to your local Civil Engineer Customer Service.
- **No waste** – Don't turn a blind eye to problems. If you see something that doesn't need to be on, turn it off. If you see a problem, report it.

Take time to review daily routines to conserve energy and water. Empower others to take action. Every dollar saved on energy is a dollar that can be spent on Airmen, their readiness and the mission to "Fly, Fight, Win."

For more information, visit <http://www.afcec.af.mil/news/energyactionmonth2013/index.asp> and <https://www.facebook.com/AirForceEnergy>.

(Editor's note: Adapted from an article by Jennifer Elmore, Air Force Civil Engineer Support Agency, Tyndall Air Force Base, Fla.)

WATER CONSERVATION TIPS!



- » Collect the water you use for rinsing produce and reuse it to water houseplants.
- » Divide your watering cycle into shorter periods to reduce runoff and allow for better absorption every time you water.
- » We're more likely to notice leaky faucets indoors, but don't forget to check outdoor faucets, pipes, and hoses for leaks.
- » Periodically check your pool for leaks if you have an automatic refilling device.
- » Only water your lawn when needed. You can tell this by simply walking across your lawn. If you leave footprints, it's time to water.



COMBINED FEDERAL CAMPAIGN POINTS OF CONTACT

The 2013 Combined Federal Campaign runs through Dec. 15.
The following is a list of points of contact for Joint Base San Antonio:

502nd Air Base Wing:
1st Lt. Amanda McGowin, 221-4321
Alternate: Master Sgt. Mason Wilson, 671-6705

502nd Mission Support Group:
Manny Henning, 221-1844
Alternate: Duane Dunkley, 221-2207

802nd MSG:
1st Lt. Brandon Langel, 671-2528
Alternate: Master Sgt. Robert Brinson, 671-5511

902nd MSG:
Matt Borden, 652-3797
Alternate: Master Sgt. Ennis Fowler, 652-6915
Alternate: Master Sgt. Shawn Waghorn, 652-3088

To access the 2013 San Antonio Area Combined Federal Campaign
charitable agency brochure online, visit <http://www.cfcsanantonio.org>.

MOTHERS from Page 7

able to be returned to be buried on American soil.

Many mothers found comfort in visiting hospitalized veterans wounded from the war. Grace Darling Seibold and 24 other women formed the group in 1928 so other mothers who lost their sons would come and find peace with their pain, while helping veterans as they recovered from injuries from the war.

Today there are thousands of American Gold Star Mothers who, because of mutual love and sympathy, honor their sons and daughters through their works and volunteering. They share their grief and their pride while channeling their time, efforts and gifts towards lessening the pain of others.

As our military leaders still answer the call to defend and to aid, our heroes in uniform dedicate their lives

into upholding the values and freedoms of being an American.

As a life is lost on the battle field, or a life is ended as a service member carries on his dedication anywhere in the world, a Gold Star Mother is born.

The last Sunday in September is recognized nationally as Gold Star Mother's Day. As the nation pauses to pay tribute Sunday to these women who have given much, I hope you pause a moment in your busy life to say a prayer of thanks.

In San Antonio, a small group of people will gather at Fort Sam National Cemetery to honor and remember, shed a few tears, and support each other as the nation pays tribute to our Gold Star Mothers.

(Editor's note: Kimberly A. Rairdan is the mother of Lance Cpl. Rhonald "Dain" Rairdan, who was killed in Iraq on Jan. 26, 2005.)

FOSTER A PUPPY



The Department of Defense Dog Breeding Program needs families to foster puppies for three months.

Potential foster families need:

- time and patience to raise a puppy age 12 weeks to six months
 - a stimulating and safe home environment
 - a desire to help raise a military working dog

Call 671-3686

Connect With Us!



Follow us on Facebook at:
Lackland-JBSA



**JBSA-LACKLAND
ON THE SOCIAL
NETWORKING
SCENE**



Follow us on Twitter at:
<http://twitter.com/JBSALackland>

Go to our website at:
www.jbsa.af.mil
and look
for social media.



E-mail us at:
Lackland.jbsa@gmail.com

LOCAL BRIEFS

Compiled by Mike Joseph, JBSA-Lackland Public Affairs

SATURDAY

DAR MEMBERSHIP WORKSHOP

A membership workshop for Daughters of the American Revolution, Green Mountain Boys Chapter, is from 1-3 p.m. Saturday at the Universal City Library.

The DAR was founded in 1890 and is a non-profit, non-political volunteer women's service organization. Its mission is to promote patriotism, preserve American history and secure America's future through better education for children.

Membership is open to women 18 years and older able to trace their family back to an ancestor who aided in achieving American Independence.

For details, call Mary Fletcher at 492-9414 or Jean Kanter at 497-2412.

TUESDAY

FIRST SERGEANT SYMPOSIUM

The Joint Base San Antonio-Lackland and JBSA-Fort Sam Houston Additional Duty First Sergeant Symposium begins Tuesday at Forbes Hall on the JBSA-Lackland Medina

Training Annex.

The symposium, which runs through Oct. 4, is for prospective and current additional duty first sergeants. Attendees must coordinate with their first sergeant, group chief enlisted manager or command chief prior to registration.

For additional information, call Master Sgt. Jamie Williams at 671-5929.

OCT. 4

AARP DRIVER SAFETY PROGRAM

An AARP safe driver program is from 12:30-5 p.m. Oct. 4 at Air Force Village 2. The course covers driving strategies, new laws and challenges with local driving.

Participants will receive a certificate, good for three years, by completing the class. Some insurance companies may offer driver discounts for class completion.

Call B.J. Laymon at 671-4208 between 1-6 p.m. Monday through Friday for details or registration.

OCT. 8

DROP-IN DENTAL SCREENINGS

Drop-in dental screenings are offered to children of active-duty members and retirees by the JBSA-

Lackland Pediatric Dental Department at the Dunn Dental Clinic, 8-10:30 a.m., Oct. 8. No appointment is necessary.

Children under 13 years of age will receive a dental screening exam, an assessment of the child's dental condition, and appropriate treatment recommendations or alternatives.

Parents should bring a copy of the child's treatment plan or referral letter from their private dentist.

For additional information, call 671-9836.

OCT. 15

CUSTOMER SUPPLY TRAINING

The 802nd Logistics Readiness Squadron's Equipment Accountability Element conducts three classes on the third Tuesday each month in the second floor conference room of building 5160.

The Oct. 15 classes and start times are: Block I General Supply Training, 8 a.m.; Block II Bench Stock Training, 8:45 a.m.; and Block III Equipment Custodian Supplemental/Refresher Training, 9:30 a.m.

For details or to register, contact Ray Holland or Eugene Owens at 925-1140 or 671-3801.

OCT. 18

SECURITY FORCES MEMORIAL MARCH

Joint Base San Antonio Security Forces will honor fallen defenders with its fourth annual memorial road march Oct. 18 at JBSA-Camp Bullis' "3 Bears" course.

Ruck weigh-in and T-shirt distribution begins at 5:30 a.m., followed by the memorial march at 6:30 a.m. The 4.5-mile event is open to individuals or teams of four.

Categories include light (hydration backpack) and heavy (ruck/backpack with 30 percent of an individual's body weight).

For additional information, contact Tech Sgt. Joseph Petrucci at 295-7797.

INFORMATIONAL

UTILITY DEPOSIT WAIVER

Active-duty military members who rent or buy in the local community can apply for a utility deposit waiver from CPS Energy, the San Antonio Water System and Grey Forest utilities.

Waiver requirements include: the active-duty military member must be the primary customer on the utility account, permanent change of station orders verifying U.S. active-

duty permanent-party assignment to JBSA-Lackland and the utility account number must be provided in person to the JBSA-Lackland Housing Referral Office, 2254 Brian McElroy.

For more information, call 375-5148/9.

LIMITED FLU VACCINE AVAILABLE AT WHASC

A limited amount of influenza vaccine is available at the Wilford Hall Ambulatory Surgical Center atrium.

The vaccine is prioritized for active-duty deployers, 59th Medical Wing personnel and high-risk patients. All others should await further announcements about vaccine availability. Flu vaccinations are mandatory for all active-duty members and all hospital employees.

Medical personnel at JBSA-Randolph and JBSA-Fort Sam Houston should plan to get vaccines at those locations, as well as non-risk groups who receive primary care at those other locations.

Vaccination hours are 7:30 a.m. to 4 p.m., Mondays, Tuesdays, Wednesdays and Fridays; and 7:30 a.m. to 3 p.m., Thursdays.

For additional information, call 292-4278.

CHAPEL SERVICES

PROTESTANT

Freedom Chapel -Building 1528

Sunday
Contemporary Service 9:30 a.m.
Religious Education 11 a.m.
Gospel Service 12:30 p.m.
Wednesday
AWANA 6 p.m.

Hope Chapel -Building 10338

Sunday
Contemporary Service 11 a.m.
Spanish Service 12:30 p.m.

Airmen Memorial Chapel -Building 5432

Sunday
Liturgical Service 8 a.m.

DENOMINATIONAL

BMT Reception Center -Building 7246

Sunday
Church of Christ 7:30 a.m.

Gateway Chapel -Building 6300

Saturday
Seventh-day Adventist 12:30 p.m.

Education Classroom -Building 5200 Room 108

Sunday
Christian Science 7:30 a.m.

ROMAN CATHOLIC

Freedom Chapel -Building 1528

Sunday
Religious Education 9 a.m.
Mass 11 a.m.
Monday - Friday
Daily Mass 11:30 a.m.

Hope Chapel -Building 10338

Saturday
Reconciliation 4:30 p.m.
Mass 5:30 p.m.

ORTHODOX CHRISTIAN

Airmen Memorial Chapel -Building 5432

Sunday
Religious Education 8 a.m.

WICCA

BMT Reception Center -Building 7246

Sunday
Military Open Circle 12:30 p.m.

Freedom Chapel -Building 1528

First Tuesday
Military Open Circle 6 p.m.

JEWISH

Airmen Memorial Chapel -Building 5432

Friday
Sabbath & Kiddush 4 p.m.

Sunday
Religious Education 12:30 p.m.

ISLAMIC

Global Ministry Center -Building 7452

Friday
Jummah Prayer 1:15 p.m.

Sunday
Religious Education 9 a.m.

BMT Reception Center -Building 7246

Sunday
Buddhist 10 a.m.

Gateway Chapel -Building 6300

First, third and fifth Saturdays
Eckankar 12:30 p.m.

First, third and fifth Saturdays
Baha'i 11 a.m.

OTHER FAITH GROUPS

THE CHURCH OF LATTER-DAY SAINTS

Hope Chapel -Building 10338

Tuesday
Religious Education 6:30 p.m.

Thursday
LDS Institute 6:30 p.m.

Sunday
LDS Service 8 a.m.

JBSA-LACKLAND

KEY FAMILY SUPPORT RESOURCES

| | |
|-----------------------------------|--------------|
| Air Force Aid Society | 671-3722 |
| Airman & Family Readiness Center | 671-3722 |
| Airman's Attic | 671-1780 |
| American Red Cross | 844-4225 |
| Base Post Office | 671-1058 |
| Bowling Center | 671-2271 |
| DEERS | 800-538-9552 |
| Exceptional Family Member Program | 671-3722 |
| Family Child Care | 671-3376 |
| Legal Office | 671-3362 |
| Library | 671-3610 |
| Medical Appointment Line | 916-9900 |
| MPF ID Cards | 671-6006 |
| Outdoor Recreation | 925-5532 |
| TRICARE Info | 800-444-5445 |
| Thrift Shop | 671-3608 |

| | |
|-------------------------|---|
| Enlisted Spouses' Club | http://www.lacklandesc.org |
| Force Support Squadron | http://www.lacklandfss.com |
| Lackland ISD | http://www.lacklandisd.net |
| Officers' Spouses' Club | http://www.lacklandosc.org |
| JBSA Public website | http://www.jbsa.af.mil |
| My Air Force Life | http://www.MyAirForceLife.com |

For more details, contact Freedom Chapel - 671-4208 • Gateway Chapel - 671-2911 • Hope Chapel - 671-2941

Joint Base San Antonio fire departments remind residents to 'Prevent Kitchen Fires'

By Dana Pelletier

Assistant Fire Chief, Prevention
JBSA-Fort Sam Houston Fire Department

Fire Prevention Week is Oct. 6 to 12 and the Joint Base San Antonio-Fort Sam Houston Fire Department is joining forces with the nonprofit National Fire Protection Association to remind local residents to "Prevent Kitchen Fires."

During this year's fire safety campaign, firefighters and fire prevention officers will be spreading the word about the dangers of kitchen fires – most of which result from unattended cooking – and teaching local residents how to prevent kitchen fires from starting in the first place.

According to the latest NFPA research, cooking is the leading cause of home fires. Two of every five

home fires begin in the kitchen – more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries.

"Often when we're called to a fire that started in the kitchen, the residents tell us that they only left the kitchen for a few minutes," said JBSA-FSH fire inspector Scott Rath. "Sadly, that's all it takes for a dangerous fire to start. We hope that Fire Prevention Week will help us reach folks in the community before they suffer a damaging lesson."

Among the safety tips that firefighters and safety advocates emphasize:

- Stay in the kitchen while frying, grilling, broiling or boiling food.
- If you must leave the room, even for a short period of time, turn off the stove.
- When simmering, baking, or roasting food, check it regularly, stay in the home and use a timer.
- If there are young children in the home, use the stove's back burners whenever possible. Keep children and pets at least three feet away from the stove.
- When cooking, wear clothing with tight-fitting sleeves.
- Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels, and anything else that can burn, away from your stovetop.
- Clean up food and grease from burners and stovetops.

Fire Prevention Week is actively supported by fire departments across the country and is the lon-

gest running public health and safety observance on record.



**FIRE
PREVENTION
WEEK 2013**

OCTOBER 6-12

**PREVENT
KITCHEN
FIRES**

**GO TO FPW.ORG
AND GET COOKIN'
WITH FIRE SAFETY!**

NFPA

UPCOMING

24-HOUR DOUBLE ELIMINATION SOFTBALL TOURNAMENT

A 24-hour double elimination softball tournament takes place from midnight to midnight Oct. 11-12 at the Joint Base San Antonio-Lackland Warhawk Field. There is a \$100 entry fee per team. There will be first, second- and third-place prizes awarded. Food and non-alcoholic beverages will be provided free of charge. Contact Staff Sgt. Christian Pagan at 671-3871 for details.

MONDAY NIGHT NFL & BUFFET

Enjoy football and a pizza and wing buffet at Primo's for \$7 per person available from kickoff until halftime every Monday. Call 671-1234 for more details.

WARHAWK FITNESS REOPENING

The Warhawk Fitness Center's entire facility, which includes family room, women's locker room and aerobic room, will reopen Oct. 7. The facility's cardio, weight rooms and men's locker room are open for use. For more information, call 671-2016.

CARDIO KICKBOXING

Work up a sweat during Cardio Kickboxing Mondays at 5:30 p.m. at the Medina Fitness Center. The class is recommended for all fitness levels. Cost is \$2 per class. Call 671-4477 for details.

R.I.P.P.E.D

The Medina Fitness Center offers a total body, high intensity R.I.P.P.E.D class Wednesdays at 5:30 p.m. Cost is \$2 per class. Call 671-4477.

BEGINNER'S BOXING

The Chaparral Fitness Center offers Beginner's Boxing Mondays and Tuesdays from 6-8 p.m. For information, call 671-2401.

WOMEN'S SELF DEFENSE

Build self-confidence. Women's Self Defense class Mondays, Wednesdays and Fridays at the Chaparral Fitness Center. Class starts at 4:30 p.m. Call 671-2401 for details.

JBSA-Lackland hosts its own Amazing Race



Photo by Benjamin Faske

Airman 1st Class Daniel Hoefler, Staff Sgt. Jose McFadden, Airman 1st Class Keeland Hill, Senior Master Sgt. Chonthicha Lane, and Staff Sgt. Tomeca Mack, Team Honey Badgers, use teamwork to flip tires end-over-end during the tire flip portion of the Community Quest race Sept. 18 at Joint Base San Antonio-Lackland.

By Jose T. Garza III
JBSA-Lackland Public Affairs

Joint Base San Antonio-Lackland hosted its own version of the "Amazing Race" Sept. 18.

The 802nd Force Support Squadron and its staff members created the JBSA-Lackland Community Quest race, derived from the popular CBS television show.

Beginning at the Gillum Fitness Center, the five competing teams were given 15 obstacles to complete. Within each obstacle were clues that the teams had to figure out to lead them from one objective to the next.

Teams began the challenge by doing a series of exercises at the Gillum Fitness Center and concluded with a three-part obstacle at the Warhawk Softball Field where they had to go through an inflatable obstacle, complete an egg relay race, and race on skis.

The 331st Training Squadron "Wolf Pack" was the first unit to complete the obstacles

with a time of four hours and 14 minutes to win the inaugural race. The 342nd TRS trailed close behind, as they earned a second place finish with a time of four hours and 29 minutes.

"We were just excited to be able to come together as a group and work hard to achieve something," Tech Sgt. Christopher Spradley, 331st TRS, said. "Today was a fun day that really rewarded us."

Spradley's teammate, Tech Sgt. Brian Rios, said the team's achievement was great and wasn't easy to accomplish.

"We all pushed and pulled through," Rios said. "I think the whole race brought us together. All the physical challenges were taxing but fun at the same time."

Rios said the toughest part of the race was the long run/walk from JBSA-Lackland Outdoor Recreation, where the team had to complete a paintball obstacle, to the Warhawk Pool.

He said the plan is for the 331st TRS to defend its crown in next year's race.

Percy Lewis, Arnold Hall Communi-

ty Center programmer and the event's organizer, credited the 802nd FSS, his co-workers, and other volunteers for helping him coordinate the event.

After three months of planning and tweaking the race, Lewis said he was happy with how the final race turned out.

"I think everybody did a great job," he said. "There are many lessons to be taken from this race so we can be better prepared for next year."

Lewis said it will continue to take a lot of teamwork and commitment from everyone to make the race better next year, which he promises it will be.

He would like to broaden the scope of the race by using the Medina and Kelly areas. Lewis believes it could help participants who aren't too familiar with the base get acquainted with it.

"After participants have run and walked through different areas on the base that they weren't aware of before, they are now more familiar with where a lot of places on the base are located," Lewis said.

SAMCEE from Page 3

students from seven medical schools around San Antonio congregated in the staging area at the Alzar Shrine Temple, where they were moulaged before heading to 13 area hospitals to be treated and to Kelly Field Flightline, where a C-130J Hercules awaited their arrival.

The role of the 433rd AES was to provide 22 patients with medical care aboard a C-130J from the devastated area of Tulsa to Kelly Field Flightline in San Antonio. There, the patients were off-loaded from the aircraft, triaged and then put directly onto an ambulance bus, where they were taken to local hospitals, including the San Antonio Military Medical Center at JBSA-Fort Sam Houston.

"These types of exercises are very important for my personnel to learn how to interface with our civilian counterparts and for them to learn our ways," said, Col. Edward Gruber, 433rd AES commander. "Both entities bring a lot of experience to the table and with exercises and training like this one we can leverage that into a more efficient evacuation plan."



Photo by Senior Master Sgt. Minnie Jones

Hundreds of nursing students from seven medical schools throughout the city of San Antonio congregate in the staging area at the Alzar Shrine Temple, where they were moulaged before heading to area hospitals and to Kelly Field Flightline where a WC-130J Hercules awaited their arrival Sept. 19. The nursing students volunteered to become patients during SAMCEE 13. The event was organized by the Southwest Texas Regional Advisory Council.

Airmen look to form first JBSA women's varsity soccer team

By Jose T Garza III
JBSA-Lackland Public Affairs

Two Joint Base San Antonio-Lackland Airmen are currently looking to form a women's varsity soccer team comprised of players associated with all three JBSA installations.

Airmen 1st Class Karen Torres, a biomedical equipment technician with the 59th Medical and Logistics Readiness Squadron, and Staff Sgt. Rebekkah Jandron, 502nd Air Base Wing Command Post controller, want to field the first JBSA Women's Varsity Soccer Team. Active-duty members, dependents and civilians with ties to JBSA-Fort Sam Houston, JBSA-Lackland and JBSA-Randolph may tryout for the team.

The idea started because both occasionally practice with the JBSA-

Lackland men's varsity team. Karen's husband, Steven, is a midfielder on the team.

Torres and Jandron also play together in the Women's Soccer Association of San Antonio co-ed league, which they hope the JBSA women's varsity soccer team will join in the spring.

"We figured 'why can't the girls have a JBSA soccer team as well,'" Torres said.

"We wanted to form our own joint base women's soccer team so we can be on the same level with one another," Jandron said.

Torres said 15 women have contacted her about joining the team since she first advertised in the JBSA-Lackland Daily Bulletin Sept. 13. She said she is ideally looking for 20 women from each base to tryout.

Torres and Jandron are currently seeking approval to utilize the Defense Language Institute English Language Center field for team tryouts, Jandron said.

The two Airmen have already enlisted a coach who has more than 40 years of playing and coaching experience at the Air Force level.

Phil Brown, 37th Training Wing chief of safety, said he wants to help get the team off the ground. The Belize native, who has played and coached at JBSA-Lackland and other installations during his 26 years in the Air Force, is a teammate of Torres and Jandron on their co-ed soccer team.

He encourages women to participate on the team to maintain fitness and build speed and endurance, as well as to build relationships.

Torres and Jandron agree with

Brown on why ladies should tryout for the team.

"You can make friends from all over the military," Torres said. "Fitness wise, playing soccer is a pretty good workout. It's fun to play with someone you can relate to."

"Playing soccer helps with your fitness as far as run time because you are playing 90 minutes, and you are not just running; you are also sprinting," Jandron said. "It is also a great networking opportunity, for not just military members, but for the community as well because you get to meet different people and immerse yourself in the life of San Antonio. I feel soccer is a huge part of the culture here."

If you are interested in trying out for the JBSA Women's Varsity Soccer Team, call Torres at 292-5103.

**JBSA
Social
Media**



On Facebook: Joint Base San Antonio, JBSA-Fort Sam Houston, Lackland JBSA and JBSA-Randolph



On Twitter: @JBSA_Official, @JBSAFSH @JBALackland and @JBASRandolph



On YouTube: Joint-BaseSanAntonio.